

Report On Nutrifiesta 2k25

Organized By: Department Of Biochemistry, Sree Krishna College, Guruvayur

Date: January 23, 2025

Venue: College Mini Auditorium

The Department Of Biochemistry At Sree Krishna College, Guruvayur, successfully organized Nutrifiesta 2k25 On January 23, 2025, in the college mini auditorium. The event aimed to promote nutritional awareness, culinary creativity, and scientific engagement through various competitions and a grand food fest. The program witnessed enthusiastic participation from school and college students, making it an engaging and enriching experience.

Program Details

Inaugural Function

The Formal Inaugural Ceremony Commenced At 11:00 Am In The Mini Auditorium. Dr. Umadevi D, Head Of The Department, Department Of Biochemistry, Delivered The Welcome Address. Captain Rajesh Madhavan, Department Of Physical Education, Officially Inaugurated The Event. Dr. Sudha And Mr. Akhil Thomas, Ceo Of Testle App, Felicitated The Gathering With Their Insightful Words. The Vote Of Thanks Was Delivered By Dr. Vidya T A, Assistant Professor, Department Of Biochemistry.

Event Highlights

1. Food Fest

Following the inaugural function, the much-anticipated food fest commenced in the mini auditorium, showcasing a variety of traditional and healthy food items prepared by students. This segment was a major attraction, providing visitors with a chance to explore diverse flavors and nutrient-rich food choices.

2. Nutiquet Junior (Quiz Competition For School Students)

Simultaneously, at 11:00 am, the quiz competition for school students took place in the third-year biochemistry classroom. Students from various schools participated. The quiz masters for the event were devi krishna, anagha, and abhin, all from second-year b.sc. Biochemistry. Several rounds were conducted to assess the students' knowledge of nutrition, food science, and general science concepts. At 1:00 pm, the prize distribution for the school quiz winners was conducted. Mr. Akhil thomas, ceo of testle app, along with the manager of testle app, presented the prizes to the winners.

List Of Participants For Quiz Competition

Sl No.	Name	School	Class
1	Sreeparvathy K P	KNMVHSS vadanappally	10 th
2	Aryasree K B	KNMVHSS vadanappally	10 th
3	Avanthika M V	St Francis hss girls mattom Thrissur	8 th
4	Aryanandha M V	St Francis hss girls mattom Thrissur	8 th
5	Sathyadev P B	St Francis h s s mattom Thrissur	8 th
6	Amrutha Nishad	St Francis hs girls mattom Thrissur	8 th
7	Sivaganga KB	St Francis hs girls mattom Thrissur	8 th
8	Anirudh p prathap	DE PAUL E. M. H. S. S	9 th
9	Anagha B Nair	DE PAUL E. M. H. S. S	9 th
10	Aiswarya M S	LIGHS Choondal PIN 680502	9 th
11	Devendhu P N	LIGHS Choondal PIN 680502	8 th

3. Bake off (Cake Competition)

At 1:30 pm, the cake competition commenced, attracting participants from various colleges. The competition focused on the presentation, taste, and nutritional value of the cakes. The judging panel was selected randomly, consisting of three faculty members and three students.

List Of Participants For Cake Competition

Sl No.	Name	College
1.	Bilha Josh K	Vimala College, Thrissur
2.	Anjali Jaison	Vimala College, Thrissur
3.	Hana Fathima	Little Flower College, Guruvayur
4.	Fadwa K S	Little Flower College, Guruvayur
5.	Safa	Rayhan College, Edappal
6.	Muhmina	Rayhan College, Edappal

4. Nutriquest Senior (Quiz Competition For College Students)

At 2:30 pm, the quiz competition for college students was held in the third-year biochemistry classroom. A total of 14 teams participated in this intellectually stimulating event, competing through multiple rounds.

List of Participants For Quiz Competition

Sl No.	Name	College	Course And Year
1.	Hanna P S	Sreekrishna College Guruvayur	3rd year bsc chemistry
2.	Aswathy P R	Sreekrishna College Guruvayur	3rd year bsc chemistry
3.	Muhmina	Rayhan Collage of Optometry And Health Science	Bsc nutrition and dietetics
4.	Safa	Rayhan Collage of Optometry And Health Science	Bsc nutrition and dietetics
5.	Adharsh K V	St. Joseph's Training College Pavaratty	B.Ed
6.	Aleesha Pa	St. Joseph's Training College Pavaratty	B.Ed
7.	Neha Vijayakumar	Sree Krishna College Guruvayoor	BA English Literature
8.	Drisya H	Sree Krishna College Guruvayoor	BA English Literature
9.	Naveena T R	Sree Krishna College Guruvayoor	BCom
10.	Anamika A S	Sree Krishna College Guruvayoor	BCom
11.	Prarthana Sutteesh Kumar	Little Flower College Guruvayoor	II BA HUMAN RESOURCES MANAGEMENT
12.	Snigdha Sreelakshmi Suneeth	Little Flower College Guruvayoor	II BA HUMAN RESOURCES MANAGEMENT
13.	Anamika T.K	Little Flower College Guruvayoor	II BA HUMAN RESOURCES MANAGEMENT
14.	Fathima Nidha K	Little Flower College Guruvayoor	II BA HUMAN RESOURCES MANAGEMENT
15.	Lakshmi Priya	Little Flower College Guruvayoor	BA History (2nd year)
16.	Rana Sain	Little Flower College Guruvayoor	BA History (2nd year)
17.	Ashmitha K	Little Flower College Guruvayoor	BA History (2nd year)
18.	Archana	Little Flower College Guruvayoor	BA History (2nd year)
19.	Hisana Thasneem	Little Flower College Guruvayoor	BA History (1 st year)

20.	Jasmi K T	Little Flower College Guruvayoor	BA History (1 st year)
21.	Adwaith	Little Flower College Guruvayoor	II BA HUMAN RESOURCES MANAGEMENT
22.	Akhila	Little Flower College Guruvayoor	II BA HUMAN RESOURCES MANAGEMENT

5. Nutribite (Recipe Competition)

This segment encouraged participants to prepare and present innovative recipes with a focus on healthy and traditional foods. Emphasis was placed on the nutritional benefits and ease of preparation.

List of participants for recipe competition

Sl. No	Name Of The Participant	Name Of The Institution	Class
1	Liba Razak	St Mary's College (Autonomous) Thrissur	2nd Year Bsc Microbiology
2	Reshma Suresh	College Of Agriculture,KAU	Ph D Food And Nutrition
3	Anjali Sunil Kumar	Sreekrishna College Guruvayoor	3rd Year Bsc Chemistry
4	Fahmi Mohamed Ameen	St.Joseph Training College Pavaratty	1st Year Bed
5	Nidha C	Sreekrishna College, Guruvayur	Degree 3rd Year Chemistry

Valedictory Function

By 4:30 pm, the winners of the college quiz competition, cake competition, and recipe competition were announced. The event concluded with the distribution of prizes, marking the end of a successful and engaging day of learning and fun.

Winners of The Competitions

Quiz competition for school students

SI No.	Name	School	Prize
1	Aiswarya M S	LIGHS Choondal PIN 680502	first
2	Devendhu P N	LIGHS Choondal PIN 680502	

Cake Competition

SI No.	Name	College	Prize
1.	Bilha Josh K	Vimala College, Thrissur	First
2.	Anjali Jaison	Vimala College, Thrissur	
3.	Hana Fathima	Little Flower College, Guruvayur	Second
4.	Fadwa K S	Little Flower College, Guruvayur	

Quiz competition for school students

SI No.	Name	College	Prize
1	Muhmina	Rayhan Collage of Optometry And Health Science	First
2.	Safa	Rayhan Collage of Optometry And Health Science	

Recipe Competition

SI . No	Name Of The Participant	Name Of The Institution	Prize
2	Reshma Suresh	College Of Agriculture,KAU	First

Photos



Inaugural speech by Dr. Rajesh Madhavan



J34Q+XFM, Alur, Kerala 680602, India

Latitude

10.6074009°

Local 12:10:06 PM

GMT 06:40:06 AM

Longitude

76.0885971°

Altitude 50 meters

Thursday, 23.01.2025

GPS Map
Camera Lite

Felicitation in the inaugural function by Mr. Akhil Thomas, CEO of TestLe App



J34Q+WG8, Koonammoochi, Alur, Kerala 680602, India

Latitude
10.6065877°

Longitude
76.0877454°

Local 12:05:30 PM
GMT 06:35:30 AM

Altitude 48 meters
Thursday, 23.01.2025

**Felicitation by Dr. Sudha , Professor , Department of Sanskrit, Sree Krishna College,
Guruvayur**



Valedictory function – prize announcement by Dr. Vidya T A



Dr. Umadevi D presenting the cash prize to the first prize winners of cake competition (Vimala College, Thrissur)



Dr. Umadevi D presenting the cash prize to the second prize winners of cake competition (LF college, Guruvayur)



Mr. Akhil Thomas and Mr. Athul presenting the cash prizes to the winners of Nutriquest Junior (Winners – LIGHS, Choondal)



Dr. Umadevi Presenting the first prize for Nutriquest Senior quiz competition (winners – Rayhan College, Edappal)



Students selling their food



Participants of the food festival



Stalls in the food festival



Stalls in food festival



Stalls in food festival



Stalls in food festival